

# **A child must not go to any school programs if ANY of these are true about the child:**

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- 1. If child or any household member tests positive for COVID-19**
- 2. If child or any household member shows symptoms for COVID-19**
  - See symptom list on the back
- 3. If child may have been exposed to COVID-19**
- 4. If child is waiting to get tested, is waiting for COVID-19 results, lives with anyone who has COVID-like symptoms or lives with anyone who is getting tested for COVID-19 due to symptoms.**

## **Further Guidance:**

If your child has symptoms of COVID-19, or tests positive for COVID-19, they must stay at home and away from others in the home as much as possible for at least 10 days. The 10 days are counted as follows: The first day of symptoms OR the day they were tested is counted as **Day #0**. You must ALSO ADD DAYS beyond the 10 day quarantine until they are symptom free for 24 hours (and have not taken medication to reduce fever and other symptoms). Even if they feel better sooner, they still must stay home for the full 10 days. Contact [COVID@isd100.org](mailto:COVID@isd100.org) for information when your child can return to school, childcare, or school programs even if your child has other illnesses.

## DAILY SCREENING QUESTIONS:

Answer these screening questions EACH TIME you are going to send a child to childcare or school programs. If you answer “yes” to any question, the child should stay home. The child should stay away from others including family members, as much as possible. Please email [COVID@isd100.org](mailto:COVID@isd100.org) to let them know and consider calling your child’s health care provider. Remember that if one household member has symptoms all children living in the home need to stay home from childcare and school programs.

### 1. Does your child or any other household member have one or more of these symptoms?

- Fever of 100.4 degrees Fahrenheit or higher
- Difficulty/ hard time breathing
- New cough or a cough that has gotten worse
- New loss of taste or smell

### 2. Does your child or any other household member have at least two of these symptoms?

- Sore throat
- Nausea
- New nasal congestion/ stuffy or runny nose
- Vomiting
- Diarrhea
- Chills
- Muscle pain
- Excessive fatigue/ feels very tired
- New severe headache/ very bad headache

### 3. Has a health care provider told your child or other household member since they were last at the school that they have COVID-19 or have a positive COVID-19 test result?

### 4. Is your child or any other household member who has symptoms of COVID-19 waiting for COVID-19 test results?

- If the test results are negative, the child can return if they have been symptom free for 24 hours.

### 5. Further Guidance:

If your child has symptoms of COVID-19, or tests positive for COVID-19, they must stay at home and away from others in the home as much as possible for at least 10 days. The 10 days are counted as follows: The first day of symptoms OR the day they were tested is counted as **Day #0**. You must ALSO ADD DAYS beyond the 10 day quarantine until they are symptom free for 24 hours (and have not taken medication to reduce fever and other symptoms). Even if they feel better sooner, they still must stay home for the full 10 days. Contact [COVID@isd100.org](mailto:COVID@isd100.org) for information when your child can return to school, childcare, or school programs even if your child has other illnesses.